We have had a very busy start to 2016. The students are all settled and working hard, so it's wonderful to be back at Manildra PS. Our kinder students are delightful and thanks to Sue Lane for the amazing dedication she puts into each and every day.

We would also like to welcome Ethan Hunt who is working with Tracy 3 days per week as a volunteer. At present they are painting and refurbishing the Reading/Resource room. They will then move onto the Music/Assembly room.

Our annual Combined Schools Swimming carnival with St Josephs was a huge success and lots of fun. Thankyou to all the organisers and helpers including Kath, Sue Kurt, Jo, Renae, Sasha, Kimberley, Jaime and Theresa. Thankyou also to Josh, Marg, Adam and .

The students had a great time marching to the pool in their team house colours with our St Joseph friends. It was a wonderful day of friendly competition between the sports houses of Lawson, Wentworth and Blaxland. All children participated and

Combined Schools Swimming Carnival

What's Happening

- 15 Feb. - P&C AGM at 7pm
- 18 Feb. - BookClub orders due to office
- 29 Feb. - Young Leaders Day in Sydney for Year 6
- 23 Feb. - District Swim Carnival - Orange
- 4 March - Western Region Swim Carnival Dubbo
- 9 March - Life Education van visit
- 11 March - Combined Athletics Carnival at the Rec
- 25 March - Good Friday
- 28 March - Easter Monday
- 30 March - OSSA Athletics - Orange

Please send all community notices to St Josephs School by 10am Thursdays. Email to: t.press2@bth.catholic.edu.au

Hello everyone,

Last week we had a swimming carnival at Manildra pool. We all swam great and we are all proud of our success. Alexandra was Senior Girl Champion and Jordyn was runner-up. Senior Boy Champion was Toby and Tom got runner-up. Junior Boy Champion was Lachlan and Oliver got runner-up. Junior Girls Champion was Savanna and Isabella got runner-up. On Wednesday the senior class went to the Orange pool for the OSSA swimming carnival. Every one swam well and Alexandra won OSSA Sub-Senior Girl Champion. She got to take home two trophies.

From Year 6 Leaders
Swam like champions. Congratulations to:

Major Girl Champion: Alexandra Windus
Runner-up: Jordyn Wright

Minor Boy Champ: Lachlan Thompson
Minor Girl Champ: Isabella Meharg
Runner-up: Savanna Nash

Music/Singing
This year Lyndall Scott will continue with the instrumental/ singing program which is thoroughly enjoyed by the children.

We also welcome Donna Riles from the Orange Conservatorium who will be conducting our Choir Program, which will hopefully culminate by entering the Orange Eisteddfod for 2016.

Kindy/Leaders
The Central Western Daily were at school to take photos of our kindergarten students and school leaders. We are very proud of them. The photos will be in next Wednesday, 17th Feb.

Football
A Canberra Raiders representative will be visiting our school next Thursday to give a well-being workshop to our students. St Joseph’s will also join us.

Tuckshop
Monday 15th February
Anne Salter

Monday 22nd February
Ashley Sherloock

Monday 29th February
Kurt Thompson

On Wednesday, 12 of our students attended the Orange Small Schools Association Swim Carnival at the Orange Aquatic Centre. All the children swam good times.

Congratulations Alex Windus who took out the Major Girl Champion. CONGRATULATIONS Alex!

A big Thank you Sasha for being our team manager while I was marshalling for the day.

Thursdays CWD had an article and pictures from the OSSA Carnival. Our students did extremely well.

Training
On the 22nd of February I will be in Sydney to attend a writing course “7 Steps to Writing Success” as writing is a school target area for 2016.

National Young Leaders Day
Our 4 Year 6 Leaders are very excited about our upcoming overnight excursion to Sydney on Monday 29th February, for the National Young Leaders Day to be held at All Phones Arena at Olympic Park.

Have a happy and safe week!
To

Georgia
For
Being an OUTSTANDING class citizen and friend

To

Phoenix
For
Focusing on being in the right place at the right time

To

Jack
For
Using great strategies in capacity in Maths

To

Alexandra
For
Being so involved in all aspects of school life

To

Jack
For
Great reading skills

Lachlan 1st Jan.
Caitlyn 7th Jan.
Haylee 12th Jan
Will 26th Jan
Chloe 30th Jan.
Lukas 2nd Feb.
Zach 5th Feb.

Senior
Years 3,4,5 and 6 have got off to a great start. Our “Virtues” program will begin next week. Each week we look at and work on a new virtue e.g Honesty, Respect, Justice etc. A copy of the virtue will be sent home on Monday with homework. Our Momentum Reading Program is up and running. Our first Class book to be read is “Digger Field - World Champion” written by Damian Davis. We are continuing to use “Wave Zone” Mentals and Spelling.
This week for sport we have concentrated on daily skipping. I’m privileged to have such a beautiful class.

Infants
I would like to welcome Mrs Simone Miller to our team. She has been assisting in the K-2 classroom each morning and will continue to do so during Terms 1 and 2. Kindergarten have been settling in well as they gradually learn the routine and structure of the classroom at big school. We have been learning how to rhyme, listening to the sounds at the end of words. In maths, the students have been learning about capacity and how to measure and compare capacity.

Student Achievement Awards

To

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Birthdays

Principal’s Awards

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1. Pack a sandwich, roll, or roll: great filling ideas include salad; shaved meats/tinned tuna; falafel, tomato, lettuce & cucumber; egg, low fat mayonnaise & lettuce; or chicken & avocado. Other alternatives include mini quiches, sushi, savoury muffins, leftovers or homemade pizza.

2. Add a vegetable & fruit snack: for littlies make sure it is cut up & easy to eat.

3. Pick 2-3 more healthy snacks: savoury pikelets, pumpkin scones, apple pancakes, low fat yoghurt, popcorn, veggie sticks with dip, crackers & cheese, baked beans, custard & fruit crumble, or high fibre cereal make great lunchbox fillers...

... and make sure you add a WATER BOTTLE

Muesli Bar/Slice
Cereal slice makes a healthy afternoon snack for the kids and is the perfect size for lunchboxes. With all ingredients mixed together in one step this recipe is so quick to make. Individual ingredients can be swapped to suit taste.

Ingredients

• 1 cup Dried Fruit
• 1 cup Self-raising Flour
• 1 cup Dates (or a mixture of dried fruit)
• 1 cup Oats (or any other cereal like Cornflakes)
• 125g other dried fruit like Apricots or seeds such as Sunflower seeds
• 125 g Margarine
• 1/2 cup Brown Sugar
• 1 Egg, beaten

2. Line a 25cm shallow pan with baking paper. Press mixture flat in the pan.
3. Bake at 180 °C for 15-20 minutes, or until golden.
4. Cool in pan and cut when cold.
Community News & Information

Medical Centre

Dr. Vikki Wymer consults every Tuesday & Friday between 9:00am & 1:00pm. Phone 6364 5901 for an appointment.

Dr. S M Badruddoja MBBS (Dr. Sheikh) will consult each Wednesday from 26th August 2015 @ the Manildra Health Centre. 9:00am—12.30pm and 1.30pm—4.30pm. For appointments please ring Molong on 63668579 or drop in on the day.

Community Health

CHILD & FAMILY HEALTH

Appointments any weekday morning between 9.00am and 12.00pm at Community Medical Centre. "Before School" immunisations at 4yrs old.

Phone 63645 345

MANILDRA CRAFT COTTAGE

We have freshly cooked cakes, biscuits/slices Wed to Sun.

MADIA MEETINGS

Held the 1st Wednesday of each month at Manildra Memorial Hall. 7:30pm - All Welcome

COMMUNITY NOTES

St Joseph's School Manildra

Close for any additions

10.00am Thursdays

Email: t.press2@bth.catholic.edu.au

AMUSU THEATRE

"Odd Ball"

Family, Rated G, 95 Minutes, Starring: Shane Jacobson, Alan Tudyk, Sarah Snook, Deborah Mailman

*** Australian***

The story of Allan "Swampy" Marsh and his Maremma dog Oddball. Swampy convinced local authorities to allow Oddball to protect a colony of Little Penguins on Middle Island from wild cats and dogs. Oddball succeeds in his campaign and becomes a front runner for Maremma dogs being used to protect other endangered Australian wildlife.

Next Screening

20th February @ 7.30pm

CUDAL SOCCER CLUB NEWS

Season 2016 is shaping up nicely

The new committee is:

President/Registrar: Penny Challinor
Secretary: Gabby Parish
Treasurer: Mathew Bowden
Committee members:

Jason Lowe
Rachel Griffiths
Paul Frecklington

Player registration and barefoot bowls will be on Friday Feb 26 @ 6pm at the Cudal Bowling Club.

Registration costs this season are:

U6-9 $85, U10-12 $95

(A discount of $5 applies to 2nd and subsequent children)

REGISTER ONLINE AT

www.myfootballclub.com.au

or come & see us at

Molong Post Office
Bank Street, Molong

on Sat 20th Feb or Sat 28th Feb 2016 between 10:00am & 12:00PM

U6, U7, U8, U9 - $100  U10 to U17 - $110  18+ - $170

If you require help registering online please feel free to email our registrar Elise Heath at email: jheath78@gmail.com

There will be two Hogs 4 Homeless clinics held in the region next week. The clinics are run by NRL development and former NRL players including Josh Perry, Nathan Hindmarsh, Matt Cooper, Brad Fittler, Steve Menzies, Steve Roach and Ian Schubert.

The clinics will be held at the time and location listed below. Clinics are open to all children aged 5-12 years old. To register your child for the clinic, click on the link attached to the clinic you want to attend. Clinics are free to attend.

MUDGEE - Glen Willow Sporting Complex - Monday, February 15th, 4:30pm

FORBES - Spoonser Oval - Tuesday, February 16th, 4:30pm