Welcome back. I hope everyone had a lovely and safe Easter break. We have certainly hit the ground running with such a busy term ahead of us.

Welcome Back

I would like to congratulate the students on being part of the very important 100th anniversary of the ANZACs. I’m sure that you will agree that their singing and poetry added a special element to the program last Saturday. Thankyou to Billie-Jane Farr for putting together the medley of songs that were sang.

What’s Happening

- 1 May - Cross Country at Manildra Golf Club 10am
- 4 May - NRL workshop
- 5 May - Mother’s Day stall at 9.00am
- 6 May - Y7 Expo day at Molong Central for Y6
- 7 May - Debating workshop at Dubbo for Y5/6
- 8 May - OSSA Cross Country at Cudal
- 11 May - Hockey
- 22 May - District Cross Country at Molong
- 26 May - CWA Public Speaking at Kinross

Please send all community notices to St Joseph’s School by 10am Thursdays. Email to: t.press2@bth.catholic.edu.au
Congratulations to the ANZAC Day Committee for organising such a special and successful event and to the many talented community members who worked tirelessly creating all of those amazing hand-crafted poppies and the display of the history of Manildra’s contribution in the war. The hall looked spectacular!

NRL Training

On Monday, Alex from the NRL came out and ran a skills training session with the students. Through a variety of fun and energetic games, he taught them all some basic footy skills such as hamburger hold, dodging, dummy passes and try scoring. It was great fun.

Alex will be coming out again, for the next two Monday afternoons, to further develop the students’ footy skills.

Please ensure that your child wears sports uniform for Mondays for the next 2 weeks.

Cross Country

The students have been busy training each morning for the upcoming cross country events. We will join St Joseph’s School at the Manildra Golf Club for the Combined Cross Country at a date to be confirmed.

Next Friday 8th May we have our OSSA Cross Country Carnival at Cudal. Please note: There will be no teachers at school on this day. Students need to meet us at Cudal Recreation Ground at 10:00am ready to walk the course at 10:30.

School Spec Auditions

As in past years, our school will be involved in the OSSA School Spec this year. Our students will be part of a whole OSSA performance involving almost all of the Orange small schools. The performance is a great opportunity for the students to have the chance to perform on the stage at the Civic Theatre in November.

This week saw the beginnings of the auditions for the OSSA School Spectacular with Dance, Choral and Lead Acting roles being sort this week. Nominating themselves, we had some students try out for the dance ensemble last Monday and a couple of students who will try out for the lead roles tomorrow. Good luck to those students.

Book Club

Orders due to office by Thursday 7th May.

P&C Deb Ball.

We are looking for girls who are interested in making their debut on 24th October 2015. Please ring Kathy - 63645329 or Lisa on 0429 061 383.

P&C Term 2 Fundraiser - Chocolates. We have boxes of chocolates to sell again this term. Please contact Kathy if you would like some to sell.

A BIG THANK YOU to all the helpers who gave up their Easter Saturday to help with the catering for the Forbes Renault car club. They really enjoyed their lunch. So thanks heaps.

Tuckshop

Monday 4th May
Nicole Hyland

Monday 11th May
Lora Cook
**Debating**

This year, we have entered two teams in the Western Debating Challenge. They will be debating other teams in the challenge every 5 weeks. To help in their preparation for this challenge, Year 5 & 6 students will be travelling with Mrs Starr and Mrs Englert to Dubbo next week to attend a dynamic debating workshop. The year 5 & 6 students need to be at school on Thursday 7th at 7.30am.

**Premier’s Sporting Challenge**

Year 5/6 students travelled to Molong and participated in training games that build skills for netball, rugby league, AFL, soccer, league tag, fitness and vortex throwing. The day was held at the Hunter Caldwell grounds in Molong.

The day was organised by Mr Sam Horn from Molong Central, however the day was run by students from Yrs 9, 10 and 11 from Molong and Merriwa. The Merriwa students are part of a program called ROAR and had specialised training for leading others in and through sport.

The high school students were exceptional teachers and taught many sporting techniques such as holding the ball, the difference between AFL kicking and Rugby League kicks, leaning back to throw long passes, dribbling and trapping the soccer ball and using the side of your foot for better ball control.

The highlight of the day was how encouraging the high school students were. The praise and practical support they gave our students made them feel like they could be sporting heroes. There were no put downs or scoffs at anyone’s sporting attempt. The lesson for the day was that “building people up makes everyone play better”.

All Manildra students participated to their best ability, were friendly and respectful to others, and were very tired on the bus trip home.

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This slice is so tasty kids wont realise its packed full of vegies. Cut into bite size pieces, its perfect for the freezer & quick and easy to make. Any vegetables can be substituted & the ham can be included or left out.

**Ham & Vegie Slice**

- 6 eggs
- 60g plain flour
- 1 cup zucchini, grated and drained
- ½ cup sweet corn kernels or 225g can, drained
- 1 cup grated carrot
- ¼ cup chives, chopped
- 100g lean ham, chopped
- 50g grated reduced-fat cheese

Preheat oven to 180 °C. Beat eggs and flour together until smooth. Add zucchini, corn, carrot, chives and ham and combine. Pour into a dish lightly sprayed with oil. Top with cheese. Bake for 30-40 minutes until set.

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**Some healthy lunchbox ideas**

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**Birthdays**

* Alexandra 15th April
* Jack 15th April
* Lily 27th April
* Lachlan 3rd May
* Charlotte 11th May
Manildra Public School
P & C Deb Ball
24th October ‘15
We are looking for any
Girls interested in making
their debut. Please ring
Lisa on 0429061383 or
Kathy 63645329 or
0417062647.

Manildra Craft Cottage
We have freshly cooked cakes,
biscuits/slices Wed to Sun

May Matinees
Next Screening
Sunday 3rd May @
1.30pm

Manildra Chinese Restaurant
5:00pm Friday, Saturday & Sunday Nights
Sundays - Market Night & Members Draw

Under 12’s
CRAZY HAIR Disco
Friday 29th May, 2015
Cudal Community Hall
6.00pm—8.00pm
Entry $3.00 per person
- Sausage Sizzle -
- Prizes -

Community Health . . .
MEDICAL CENTRE
Dr Vikki Wymer consults every
Tuesday & Friday between
9.00am & 1.00pm.
Ring 6364 5901 for an appointment

CHILD & FAMILY HEALTH
Appointments any weekday morning between
9.00am and 12.00pm at Community Medical
Centre. “Before School” immunisations at
4yrs old.

Other Notes . . .
Positive Parenting Seminar
DATE & TIME CONFIRMED
Monday 18th May @ 6.00pm
St Joseph’s School Library
The cost is $25 per person
This is a community event & anyone interest-
ed is invited to attend.
Please book with Therese @ St Joseph’s
on 0263 645 177 or
t.press2@bth.catholic.edu.au
***** All Welcome *****

Influenza Vaccinations
The National Seasonal Influenza
Program for 2015 will begin on
20th April.
This is later than most years as
there have been two strain
changes from 2014 causing man-
ufacturing delays.
This has resulted in the decision
to delay the program until suffi-
cient supplies are available.
Annual influenza vaccination is pro-
vided FREE for the following groups:
* People aged 65 years and older
* Pregnant women
* Aboriginal and Torres Strait Islanders
  aged 15 years and older
* Anyone aged 6 months and older who
  has a chronic condition placing them at
  risk of complications from influenza.
Vaccinations will be held at
Manildra Community Health Cen-
tre commencing Monday 20th April
between 9am – 10 am and 2 pm
and 3.30 pm
and then Mondays and Wednes-
days for the following month.
Please phone Kate on
63 645 345